

BBD "DAY AFTER" INVITATIONAL

Take advantage of your season taper!

Sanction Number MI0809025

CRANBROOK HIGH SCHOOL – WILLIAMS NATATORIUM

550 LONE PINE ROAD, BLOOMFIELD HILLS, MI 48304

Williams Natatorium has not been certified in accordance with 104.2.2C(4)

SPONSORED BY BIRMINGHAM BLUE DOLPHIN SWIM CLUB

Questions: bbddayaftermeet@comcast.net

Sunday March 15, 2009

Warm-up: 8:00 A.M.

Start: 9:00 A.M.

ALL 13 & OVER SWIMMERS ARE WELCOME TO PARTICIPATE

ORDER OF EVENTS

(will be run through 3 times)

200 YD FREESTYLE RELAY

500 YD FREESTYLE

200 YD INDIVIDUAL MEDLEY

50 YD FREESTYLE

400 YD MEDLEY RELAY

-----BREAK-----

200 YD MEDLEY RELAY

400 YD INDIVIDUAL MEDLEY

100 YD BUTTERFLY

200 YD FREESTYLE

100 YD BREASTROKE

100 YD BACKSTROKE

800 YD FREESTYLE RELAY

-----BREAK-----

1000 YD FREESTYLE

200 YD BACKSTROKE

100 YD FREESTYLE

200 YD BREASTROKE

200 YD BUTTERFLY

400 YD FREESTYLE RELAY

1650 YD FREESTYLE

USA MEMBERSHIP REQUIRED – PLEASE KNOW YOUR NUMBER

APPLICATIONS WILL BE AVAILABLE AT THE POOL

ALL EVENTS WILL BE DECK ENTERED

ENTRY FEE IS \$7.00 FOR INDIVIDUAL EVENTS AND \$12.00 FOR RELAYS

Hotel Information: Wingate by Wyndham
2200 Featherstone Rd.
Auburn Hills, MI 48326
(248)334-3324 or (800)228-1000
www.wingateinnauburnhills.com

***Mention BBD and receive
a special rate!!!***